

Dr Ginita OBEROI – TAS



Dr Ginita Oberoi is Director of Clinical Training at North West Regional Hospital in Tasmania.

Junior doctor health and wellbeing is of high importance to Dr Oberoi and she provides ongoing support to the JMOs, with particular focus on the cohort of international medical graduates (IMGs) which represents most of the RMOs.

The North West of Tasmania had an outbreak of COVID-19 earlier this year which required Dr Oberoi to increase her level of support which was critical for the health and well-being of the JMOs. Welfare checks (by phone and email) were undertaken with all of the IMGs and other doctors, particularly those who were in quarantine or awaiting test results. This extra support was important as many of the doctors did not have the care of family and friends throughout this difficult period.

Ginita is quick to identify any doctor in distress, and provides the appropriate level of support, including referring them to other professionals, when needed.

Dr Oberoi has contributed to the training provided to JMOs outside the weekly tutorial session by developing and delivering sessions targeted specifically at IMGs and some of the challenges they face, such as cultural challenges in asking questions relating to sensitive issues, and a 'plain English' session giving an overview of the slang terms used by patients to describe their bodies, emotions or medical conditions. A recent session was entitled 'Health and Welfare Systems in Australia – who, what and how?' which covered topics such as Centrelink, National Disability Insurance Scheme, Child Protection Services, indigenous health, and Veteran Affairs.